

ESTD.

MATTEO

2020

Matteo is the nonprofit restaurant in the Buona Forchetta Family, with 100 percent of the profit benefiting community based educational charities and causes that enrich and support children and families in San Diego County .

The menu focuses on contemporary cuisine, made with fresh, local ingredients, and quality techniques

For more information, please email causes@buonaforchettas.com

APPETIZERS

FLATBREAD 13
Confit garlic puree, sliced prosciutto, dates, arugula, cherry balsamic vinaigrette, ricotta herb cheese (Veg + DF)

CHARRED BROCCOLINI 12
Goat cheese yogurt sauce, lemon zest, charred broccolini, garlic chips, parmesan cheese (Veg)

CHARCUTERIE BOARD 18
2 meats, 2 cheeses, seasonal jam, pickled veggies, bread crackers (GF)

BURRATA & PROSCIUTTO 16
Sliced prosciutto, whole burrata, grilled seasonal fruit, arugula, basil, balsamic reduction, bread (GF)

MUSSELS 18
Andouille sausage, fennel, garlic, shallots, white wine, french fries pickled, butter, fine herbs (GF+DF)

OCTOPUS 18
Frise and mustards frill, grilled turnips, green olives, cucumber agrodolce, black garlic dressing (GF+DF)

SALADS

CHOPPED SALAD 13
Mixed greens, radicchio, sopressata, cucumber, pepperoncino, croutons, provolone, confit garlic vinaigrette (V+GF, DF)

BABY GEM SALAD 12
Cherry tomatoes, cucumber, radishes, pickled red onions, chives, feta cheese, croutons, ranch dressing

QUINOA BOWL 15
Quinoa mix, fresh roasted vegetables, spicy almond, hard boiled eggs, roasted garlic vinaigrette (V+GF+DF)

Add grilled chicken \$6 or salmon \$10 or shrimp \$10 or steak \$12 to any salad

ENTREES

PARMIGIANO VEGETARIAN POLENTA 20
Creamy polenta with grilled farm veggies

PORK CHOP MILANESE 24
Panko breaded pork chop, blistered cherry tomatoes, arugula salad

CONFIT DUCK CREAMY GNOCCHI 23
Confit duck, calabrian chili, fennel, garlic, shallots, baby kale mix, parmesan cheese (GF)

SALMON PASTA 23
Salmon pasta, asparagus, snap peas marinade sauce (GF+DF)

BONE-IN SHORT RIB 26
Polenta, red wine, braised short ribs, pickled mustard seeds

HALF ROASTED CHICKEN 26
Turmeric dill roasted chicken, veggies farm orzo pasta, baby kale mix, soft herbs, salsa verde, grilled lemon (DF)

RIBEYE STEAK 36
14 oz ribeye, crispy smashed potatoes, sourcream quenelle, gruyere white truffle sauce, finished with soft herbs

WHOLE BRANZINO 38
Fresh herbs lemon branzino, roasted fennel, sauteed butter beans, beurre blanc, fresh herbs garlic vinaigrette salad, half grilled lemon (GF+DF)

DESSERTS

LAVENDER COCONUT PANNA COTTA 10
Fruit, crispy almond cookie (GF, DF, V)

LEMON OLIVE OIL SHORT CAKE 9

Veg = Vegetarian

GF = Gluten Free option available. Ask your server

DF = Dairy Free option available. Ask your server

V = Vegan option available. Ask your server

M

RED WINE

HOUSE RED	10 35
CHIANTI CLASSICO.....	12 43
COLLAZZI 'BASTIONI', Tuscany	
PINOT NOIR	12 43
GOLDEN WEST, Washington	
MERLOT.....	10 35
ALEXANDER VALLEY VINEYARD	
CABERNET SAUVIGNON.....	12 43
NOBLE TREE, Sonoma	
SUPERTUSCAN	11 39
SAN POLO 'RUBIO', Tuscany	
MALBEC	10 35
FINCA DECERO, Mendoza	
RED BLEND.....	11 39
QUEST BY AUSTIN HOPE, Paso Robles	

WHITE & ROSE

HOUSE WHITE	9 31
ROSÉ.....	10 35
PLANETA, Sicily	
PINOT GRIGIO.....	10 35
ALTA LUNA, Veneto	
SAUVIGNON BLANC	11 39
MOMO, Marlborough, New Zealand	

SPARKLING

PROSECCO	10 35
VILLA SANDI, Veneto	
ROSE SPARKLING.....	12 43
PAUL BUISSE, Loire Valley	
MOSCATO D'ASTI.....	10 35
COPPO, Piedmont	

BEER

STONE	7
BUENAWEZA, Salt & Lime Lager 4.7%	
SOCIETE	7
LIGHT BEER, Lager 4.5%	
PIZZA PORT	7
CALIFORNIA HONEY, Blonde Ale 4.8%	
FREMONT BREWING	7
LUSH IPA 7%	
MODERN TIMES	7
ORDERVILLE, Hazy Mosaic IPA 7.2%	
BEACHWOOD.....	7
CITRAHOLIC, IPA 7.1%	
MASTRI BIRRA	9
ITALIAN CRAFT BEER, Blonde or Red Bottle	

MORE

RED SANGIRA.....	8
WHITE SANGRIA.....	8
BELLINI	8
MICHELADA.....	8
ITALIAN SPRITZER.....	11
ITALIAN OLD FASHIONED	8

NON-ALCOHOLIC

GALVANINNA	5
Italian organic soda	
SODA.....	3
Coke, Diet Coke, Sprite	
SAN PELLEGRINO	5
ARANCIATA	4
LIMONCIATA	4
ICED TEA.....	3
HOT TEA.....	3.50
COFFEE.....	3.50
ESPRESSO	3.50
CAPPUCCINO	4

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