

ESTD.

MATTEO

2020

APPETIZERS

- FLATBREAD (Veg + DF Available)**13
 Confit garlic puree, sliced prosciutto, dates, arugula, cherry balsamic vinaigrette, parmesan cheese
- CHARRED BROCCOLINI (Veg)**12
 Goat cheese yogurt sauce, lemon zest, charred broccolini, garlic chips, parmesan cheese
- CHARCUTERIE BOARD (GF Available)**.....18
 2 meats, 2 cheeses, seasonal jam, pickled veggies, bread crackers
- BURRATA & PROSCIUTTO (GF Available)**16
 Sliced prosciutto, whole burrata, grilled pear, arugula, basil, balsamic reduction, bread
- MUSSELS (GF + DF Available)**.....18
 Andouille sausage, fennel, garlic, shallots, white wine, french fries pickled, butter, fine herbs
- OCTOPUS (GF + DF)**18
 Frise and mustards frill, grilled turnips, green olives, cucumber agrodolce, black garlic dressing

SALADS

- CHOPPED SALAD (V, GF, DF Available)**..... 13
 Mixed greens, radicchio, sopressata, cucumber, pepperoncino, croutons, provolone, confit garlic vinaigrette
- LITTLE GEM SALAD**12
 Cherry tomatoes, cucumber, radishes, pickled red onions, chives, feta cheese, croutons, ranch dressing
- QUINOA BOWL (V, GF, DF Available)** 15
 Quinoa mix, fresh roasted vegetables, red bean, spicy almond, hard boiled eggs, roasted garlic vinaigrette

Add grilled chicken \$6, shrimp \$8 or salmon \$10 to any salad

ENTREES

- PORK CHOP MILANESE**.....24
 Panko breaded pork chop, blistered cherry tomatoes, arugula salad
- CONFIT DUCK CREAMY GNOCCHI**.....22
 Confit duck, calabrian chili, fennel, garlic, shallots, baby kale mix, parmesan cheese (GF Available)
- SALMON PASTA (GF + DF AVAILABLE)**.....22
 Salmon pasta, asparagus, snap peas marinade sauce
- BONE-IN SHORT RIB (VEG AVAILABLE)** .. 24/18
 Polenta, red wine, braised short ribs, pickled mustard seeds
- HALF ROASTED CHICKEN (DF AVAILABLE)** ..26
 Tumeric dill roasted chicken, veggies farm orzo pasta, baby kale mix, soft herbs, salsa verde, grilled lemon
- STEAK (GF)**36
 Chimichurri roasted cippolini steak, parsnip puree, shallot chips
- WHOLE BRANZINO (GF + DF Available)**38
 Fresh herbs lemon branzino, roasted fennel, sauteed butter beans, beurre blanc, fresh herbs garlic vinaigrette salad, half grilled lemon

DESSERTS

- LAVENDER COCONUT PANNA COTTA**10
 Macerate seasonal fruit, crispy almond cookie (GF, DF)
- LEMON OLIVE OIL SHORT CAKE** 9
- AFFOGATO**8
 Vanilla ice cream, chocolate vegan
- SEASONAL OFFERINGS**.....
 Ask your server

Matteo is the nonprofit restaurant in the Buona Forchetta Family, with 100 percent of the profit benefiting community based educational charities and causes that enrich and support children and families in San Diego County .

The menu focuses on contemporary cuisine, made with fresh, local ingredients, and quality techniques.

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RED WINE

CHIANTI CLASSICO.....12	
COLLAZZI 'BASTIONI', Tuscany	
PINOT NOIR.....12	
GOLDEN WEST, Washington	
MERLOT.....10	
ALEXANDER VALLEY VINEYARD	
CABERNET SAUVIGNON.....12	
NOBLE TREE, Sonoma	
SUPERTUSCAN.....11	
SAN POLO 'RUBIO', Tuscany	
MALBEC.....10	
FINCA DECERO, Mendoza	
RED BLEND.....11	
QUEST BY AUSTIN HOPE, Paso Robles	

WHITE & ROSE

ROSÉ.....10	
PLANETA, Sicily	
PINOT GRIGIO.....10	
ALTA LUNA, Veneto	
SAUVIGNON BLANC.....11	
MOMO, Marlborough, New Zealand	
CHARDONNAY.....12	
DAOU, Paso Robles	
CHENIN BLANC/ VIOGNIER.....10	
PINE RIDGE, Napa Valley	

SPARKLING

PROSECCO.....10	
VILLA SANDI, Veneto	
ROSE SPARKLING.....12	
PAUL BUISSE, Loire Valley	
MOSCATO D'ASTI.....10	
COPPO, Piedmont	

BEER

ROTATING TAPS.....

NON-ALCOHOLIC

GALVANINNA.....5	
Italian organic soda	
SODA.....3	
Coke, Diet Coke, Sprite	
HONEY LAVENDAR.....4	
Lemonade	
SAN PELLEGRINO.....5	
ARANCIATA.....4	
LIMONCIATA.....4	
ICED TEA.....3	
HOT TEA.....3.50	
COLD BREW.....4	
COFFEE.....3.50	
AMERICANO.....3.50	
ESPRESSO.....3.50	
LATTE.....4	
CAPPUCCINO.....4	
SPECIALTY LATTE.....4.25	

FOLLOW US @MATTEOFORACAUSE
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